How To Spend From A 529 College Plan

Posted by Fidelity Viewpoints

The right way reduces taxes, avoids penalties, and won't jeopardize financial aid.



Key Takeaways

- Withdrawals from 529 plans are not taxed at the federal level—as long as you understand and follow all the rules for qualifying expenses. You'll have to report your 529 plan spending to the IRS, so keeping careful records is important.
- Decide ahead of time how you'll withdraw the funds and use them.
- You'll also want to plan ahead for any tax credits you may qualify for, which could help you decide how much you need to take from your 529 account.
- 529 savings plans aren't just for college. You can spend up to \$10,000 from a 529 plan on tuition expenses for elementary, middle, or high school.

Year after year, you and your child have been saving for college through a 529 savings account. Now college is closer and it's time to think about spending the money you've put aside. You'll be in control of how much is withdrawn and how it'll be used, but there are a few things you need to know up front to make the most of your savings.

First a reminder—you can save up to \$17,000 per parent in a 529 account, or \$34,000 per couple. Grandparents can also contribute up to \$34,000 per person per year. Contributing more than \$17,000 per person would need to be reported to the IRS as a

gift. However, a 529 account can be "superfunded" with contributions of \$85,000 per person or \$170,000 per couple—which uses up your federal gift-tax exclusion for five years.

What can you use this money for? Which expenses trigger taxes and penalties? If you do things right, no penalties or federal income tax—and, in many states, no state income tax—will be due on your withdrawals. But learning by trial and error can be costly at tax time, and more importantly, your child could lose out on financial aid if you're not careful. So learn the ins and outs ahead of time.

Here's a 9-step guide to help you make your 529 savings go as far as possible.

1. Plan for tax-free withdrawals

Qualified withdrawals are federal income tax-free so long as the total withdrawals for the year don't exceed your child's adjusted qualified higher education expenses (QHEEs), discussed in section three below.

To calculate these, add up tuition and fees, room and board, books and supplies, any school-related special services, and computer costs, and then deduct any costs already covered by tax-free educational assistance. Examples include Pell grants, tax-free scholarships and fellowships, tuition discounts, the Veteran's Educational Assistance Program, and tax-free employer educational assistance programs.

But you're not done yet. You'll also need to deduct costs used to claim an American Opportunity Tax Credit or Lifetime Learning Credit. The basic rule: You can't double up tax benefits for the same college expenses, discussed in section 5 below.

What you can withdraw—without penalties and taxes



For full details, see IRS Publication 970, Tax Benefits for Education.

2. Know which expenses qualify

When you pay qualified education expenses from a 529 account, your withdrawals are tax- and penalty-free. As of 2019, qualified expenses include tuition expenses for elementary, middle, and high schools (private, public, or religious). Although the money may come from multiple 529 accounts, only \$10,000 total can be spent each year per beneficiary on elementary, middle, or high school tuition.

Money saved in a 529 plan can also be used to pay qualified expenses associated with college or other postsecondary training institutions. Eligible schools include any college, university, vocational school, or other postsecondary educational institution eligible to participate in a student aid program administered by the U.S. Department of Education.

While funds from a 529 account can be used to pay for expenses required for college, not all expenses qualify. Tuition and fees are considered required expenses and are allowed, but when it comes to room and board, the costs can't exceed the greater of the following two amounts:

- 1. The allowance for room and board included in the school's cost of attendance for federal financial aid calculations
- 2. The actual amount charged if the student is living in housing operated by the educational institution

In other words, if your child is planning to live off campus in housing not owned or operated by the college, you can't claim expenses in excess of the school's estimates for room and board for attendance there. So it's important to confirm room and board costs with the school's financial aid office in advance so you know what to expect. Also, keep in mind that in order for room and board to qualify, your child must be enrolled half time or more.

Textbooks count as an education expense, but only those included on the required reading for the course. If you think of books as an incidental expense, you'll be surprised to hear that research from the College Board found that students spent an average of \$1,240 on required books and supplies for the 2019–2020 school year.*

Computers and related equipment and services are considered qualified expenses if they are used primarily by the beneficiary during any of the years that the beneficiary is enrolled at an eligible educational institution. Computer software for sports, games, or hobbies would be excluded unless the software is predominantly educational in nature.

It's important to keep receipts and make sure that qualified items are purchased separately from nonqualified items. Be careful to avoid expenses that don't qualify—for example, equipment used primarily for amusement or entertainment doesn't qualify. These and other lifestyle expenses, like insurance, sports expenses, health club dues, and travel and transportation costs, will have to be funded through other resources. If you're not sure whether a plan covers a particular college expense, the college's financial aid office should be able to help.

Check with the school to find out exactly what's required so you can avoid accidentally taking a nonqualified distribution. If you withdraw money for anything that doesn't meet the qualified expense criteria, any part of the distribution that is made up of earnings on contributions will be taxed as ordinary income and could incur a 10% federal penalty. However, the penalty may be waived if there are extenuating circumstances, such as the disability or death of the beneficiary, or if the beneficiary receives a scholarship, veteran's educational assistance, or other nontaxable education payment that isn't a gift or inheritance.

If a distribution from a 529 plan is later refunded by an eligible educational institution, a recontribution can be made to the 529 plan. The recontribution must be made no more than 60 days after the date of the refund. The recontributed amount cannot exceed the amount of the refund.

Among the expenses that do NOT qualify



Insurance payments



Sports expenses or monthly health club dues



Electronics and smart phones



Transportation and traveling costs



Room & board in excess of what the school housing would cost

Source: Savingforcollege.com, Avoid these 529 withdrawal traps.

3. Keep good records

Your 529 savings plan administrator will, in most cases, provide an annual statement that reports your contributions and earnings, including the amount you withdrew from the plan. But it's you, not your program provider, who is responsible for accurately reporting to the IRS. If your withdrawals are equal to or less than your qualified higher education expenses (QHEEs), then your withdrawals including all your earnings are tax-free. If your withdrawals are higher than your QHEE, then taxes, and potentially a penalty, will be due on earnings that exceed your qualified expenses. For many people, keeping track is easy because large tuition bills use up most of their 529 savings. But if you are using your 529 plan for room and board expenses, it's smart to keep those receipts.

4. Decide how to withdraw the funds

It's important that withdrawals you take from your 529 savings account match the payment of qualifying expenses in the same tax year. Like some families, you may choose to pay the school directly from your 529 account for ease in recordkeeping and matching distributions to school expenses. In this situation, make sure you are aware of

school payment deadlines and the time required to transfer funds from the 529 account to the school. It can take several days for investments to be sold out of your 529 account and mailed to the school and then a week or so for the payment to make it through the mail and then processed by the school.

Or you may choose to move money from your 529 account to your bank or brokerage account. Many colleges prefer payments to be made electronically through their website from a bank or brokerage account. You can choose to pay bills first and then reimburse yourself from the 529 account, or you can pull money from the 529 account and then use it to pay bills from your bank or brokerage account. This path also provides flexibility when paying smaller bills like those for books or off-campus room and board.

Keep in mind that you must submit your request for the cash within the same calendar year—not the same academic year—as you make the payment. If the timing is off, you risk owing tax because it's considered a nonqualified withdrawal.

If you're enrolled in a plan through a financial representative, contact them when you're ready to withdraw funds. If you have a direct 529 plan, contact the plan administrator for withdrawals. Remember to build in time for processing.

Another withdrawal option: You could have the money distributed from the 529 account to your child. If some of the money is used for nonqualified expenses, such as buying a car, there may be reportable earnings—which will go on your child's tax return. Any earnings are taxed at your child's lower tax bracket—unless the so-called "kiddie tax" applies. The kiddie tax requires certain children as old as 23 to pay tax on unearned income at their parents' marginal tax rate. Check with your tax advisor to see if this applies.

Another reason to have the distribution sent to your child is that it may be possible to wipe out any resulting tax with an American Opportunity Tax Credit or Lifetime Learning Credit, as explained below. Because of income limitations, you may not be eligible to claim these credits on your own return. Remember though, if the payments are used for a qualified higher education expense, no federal taxes are owed.

Ask your plan provider for instructions if you are interested in distributing money directly to the beneficiary.

5. Plan ahead—529 account funds may conflict with other tax incentives

The federal government offers additional tax incentives to help ease the burden of some college expenses, but unfortunately, you won't be able to use a 529 account to cover those same expenses. If you do, the IRS will consider it double dipping, so you'll want to factor in whether you'll be claiming this tax credit when deciding how much to withdraw

from your 529 account. These tax credits may also affect your child's eligibility for financial aid.

Below are the two most common tax credits. Remember, a credit goes directly against your tax liability, which is different from a deduction. Only one credit can be claimed for a student each year.

- American Opportunity Tax Credit allows families of undergraduates to deduct the first \$2,000 spent on qualified education expenses and 25% of the next \$2,000. To qualify for the full credit in 2022, single parents must have a modified adjusted gross income of \$90,000 or less, or \$180,000 or less if married and filing jointly. The total credit cannot exceed \$2,500 per tax year and the credit can be claimed for only 4 years.
- Lifetime Learning Credit provides up to a \$2,000 tax credit on the first \$10,000 of college expenses so long as your modified adjusted gross income is \$90,000 or less in 2022 for a single filer, or \$180,000 if married and filing jointly. There is no limit to the number of years this credit can be claimed.

6. Prioritize which 529 accounts to spend from first

If your child has more than one 529 savings account, such as an additional account through a grandparent, knowing which account to use first or how to take advantage of them concurrently could help. Don't leave decisions to the last minute—instead, sit down with all plan owners and decide on a withdrawal strategy ahead of time to make sure the qualifying college costs are divvied up in the most beneficial way.

Also, if financial aid is in the picture, a distribution from a grandparent-owned 529 account may be considered income to the child in a future financial aid application, which could significantly affect aid. To avoid any problems, grandparents can take distributions from 529s as early as the spring of the student's sophomore year—right after the last tax year on the student's last undergraduate Free Application for Federal Student Aid (FAFSA), assuming the student finishes college within four years. Wait until the following spring to employ this strategy if it looks like your child will take five years to graduate.

7. Money left over in your 529 plan? Make a smart move

With careful planning, you can avoid having money left over in your 529 account once your child graduates. But if funds remain, there are several options available. You can let the money sit in the account in anticipation of your child continuing on to graduate school or another post-secondary institution. If so, you'll want to rethink your investment strategy depending on how soon the funds will be needed so you can take full advantage of the potential for growth over time. You also have the ability to change beneficiaries without incurring tax consequences. Here are two different options for maintaining your tax advantage and avoiding any penalty:

- 1. Change the designated beneficiary to another member of the original beneficiary's family. (IRS Publication 970 has a lengthy list detailing which relatives count as family in this case.) This can be done for any reason, but is an option particularly if your child receives a scholarship or decides not to attend college.
- 2. Roll over funds from the 529 account to the 529 plan of one of your other children without penalty. This is a good option if there are funds left over after graduation.

Regardless of which option you choose, you may want to rethink your investment strategy, depending on how soon the funds will be needed.

Also, each state has different restrictions on 529 accounts, so check with your financial advisor or ask your plan provider for the specific requirements of your plan.

What if the beneficiary gets a scholarship? You'll be happy to learn that there is a scholarship exception to the 10% penalty. You can take a nonqualified withdrawal from a 529 account up to the amount of a scholarship; although you will pay taxes on the earnings, you won't pay the additional 10% penalty that's imposed on a nonqualified withdrawal. Remember to ask for a scholarship receipt for your tax records.

8. Consider how college savings affect student aid and loans

If you'll count on financial aid to supplement your college savings, you'll want to do what you can to improve your eligibility. While individual colleges may treat assets held in a 529 plan differently, in general these assets have a relatively small effect on federal financial aid eligibility. Because 529 plan assets are considered assets of the parent, they tend to have a small effect when the government calculates your financial aid eligibility, whereas accounts that are considered assets of the child, such as an UGMA or UTMA account, tend to have a greater effect on federal financial aid eligibility. (This does not affect 529 accounts that are owned by a grandparent.)

If you're thinking of taking out loans that start incurring interest immediately, you may want to spend 529 funds first, deferring these loans until later. Another situation that would call for using 529 plan funds first would be if there's a chance your child may graduate earlier or receive some other funding down the road, such as a scholarship.

9. Safeguard your plan assets

At some point, you'll actually need to start spending the money you've set aside. You will need to think about preserving gains you may have made so that funds will be there when they're needed. If your plan relies on an age-based investment strategy, this process is already in place and your asset mix has slowly evolved toward more conservative investments like money market funds and short-term bonds.

Now's the time to sit down with all the contributing family members and your child and create a withdrawal plan that's ready to set in motion. It's a smart idea to spend from the plan in established increments, and withdraw wisely from your college savings plans, so you can reap the tax advantages and avoid mistakes along the way.